



Age range taught: All Ages

Now more than ever, importance is being placed on raising children's emotional intelligence, increasing their empathy and developing positive social skills. One of the most effective ways we can do this is by having these skills ourselves and modelling them to the children in our care. So how do we as educators raise our own emotional intelligence? What can we do to become more self-aware, regulate our own emotions in times of stress and be socially connected in positive ways?

In this webinar we will discuss how to develop your emotional intelligence, communicate assertively and empathically, and the importance of self-care.

Professional Standards for QLD Teachers: 3, 4, 5, 6, 7
NQS Quality Areas: 1

Presenter: Melissa Strader is passionate about helping people build strong, positive relationships with children based on empathy and connection and has become particularly interested in the area of emotional intelligence. She has over 25 years' experience working with children and continues to learn every day how to become a better parent to her own two children. In fact, it was from her personal desire to parent well and understand children better that her business, Enjoy Parenting was born. Melissa is a registered teacher, Art Therapist and counsellor, an authorised Parent Effectiveness Training (P.E.T.) Instructor from Gordon Training International and is Reality Therapy Certified (RTC) from William Glasser Institute of Australia. Melissa's ongoing vision is to help parents and teachers enjoy their roles more, for it is only with happier parents and teachers that we will have happier children.

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WEBINAR

**Growing your
Emotional
Intelligence as
an Educator
with Melissa
Strader**



**Wednesday
26 August 2020
5.00 - 6:30 pm**

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